



## The Patient-Specific Functional Scale

- 1) Please identify three important activities that you are unable to do or are having difficulty with as a result of your injury/problem.
- 2) Using the scoring scale below, please rate the difficulty that you have when performing each of the activities.

### Patient-Specific Activity Scoring Scale

0      1      2      3      4      5      6      7      8      9      10

Unable to perform activity

Able to perform activity at the  
same level as before the  
injury/problem

	Initial Date	Follow-Up Dates					
Activity							
1)							
2)							
3)							

Total Score = Sum of the activity scores/number of activities

Minimal detectable change for average score = 2 points

Minimal detectable change for a single activity score = 3 points